

Do you need work rehabilitation?

Information for individuals who need support to return to work

VIRK provides vocational/work rehabilitation services and support to return to work. It's main goal is to assist individuals to return back to paid employment.

VIRK offers counseling and work rehabilitation which requires the individual's full participation. Our counselors, who are situated within the unions, help you create an individual work rehabilitation or return to work plan, by gathering information and analyzing your situation.

VIRK can assist you if:

- You are recovering from illness or accident and you and your doctor think you need work rehabilitation.
- You are not able to work because of barriers related to health problems due to an accident or illness.
- You want to go back to work, as soon as possible, but experience health related barriers to return to work.

The following is also necessary for VIRK to be able to assist you:

- You need to be able and willing to participate actively in your work rehabilitation program.
- We may involve your employer or additional specialists, like doctors, psychologists and physiotherapists in your work rehabilitation program.

If you need more information please call 535-5700 or refer to our web page www.virk.is