

The IPS program
*collaboration between
Landspítali University
Hospital and VIRK
Vocational Rehabilitation
Fund*

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Laugarásinn
Early intervention in psychosis



Laugarásinn

Psychiatric department at Landspítali University Hospital



Specialized unit: **early intervention in first episode psychosis**

Young people (18-30 years)



Laugarásinn
Early intervention in psychosis





Severe mental illness

First episode psychosis (schizophrenia, schizoaffective disorder...)

- Young people
- Onset late adolescence and early adulthood
- Critical stages of psychological, social, educational and vocational development
- Severe mental illness → serious impact on these aspects of normal development → long-term functional disability and poor outcome

Early and effective intervention leads to better short term and long term prognosis

Day-treatment Center



Treatment and
Rehabilitation

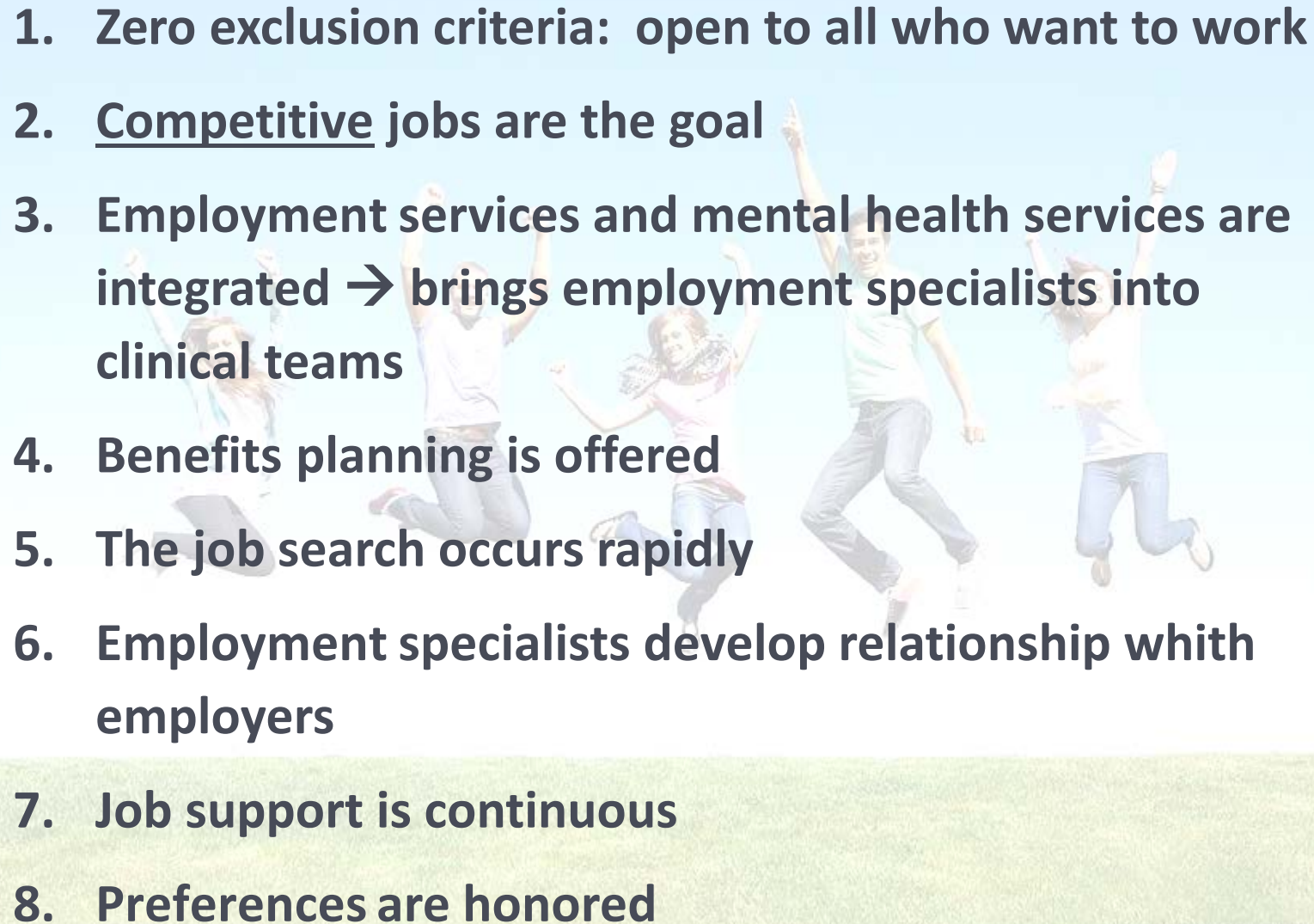
90 patients

Inpatient Ward

Crisis bed



- Warm and friendly atmosphere
- Joint daily meals
- Flexible service
- Service accessible 24/7
- Multidisciplinary team with casemanagers
- Crisis-bed
- Mobile and assertive service
- Recovery oriented
- Family work

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1. Zero exclusion criteria: open to all who want to work
 2. Competitive jobs are the goal
 3. Employment services and mental health services are integrated → brings employment specialists into clinical teams
 4. Benefits planning is offered
 5. The job search occurs rapidly
 6. Employment specialists develop relationship with employers
 7. Job support is continuous
 8. Preferences are honored

Individual Placement and Support

Clients are twice as likely to start working, more likely to work longer, total cost less, reduction in admission rates to psychiatric wards (Burns et al 2008, Modini et al 2016)

IPS projekt– Collaboration between VIRK and Laugarásinn



Laugarásinn
Early intervention in psychosis

- Young people with first onset psychosis at Laugarásinn
- Preliminary work started in 2012, first job late 2013
- Translation of manual, fidelity scale
- Training at Dartmouth Psychiatric Research Center
- IPS-team, with employment specialists from VIRK and the IPS leader and supervisor from Landspítali

IPS-team and Laugarásinn



Laugarásinn
Early intervention in psychosis

The employment specialists assist clients in finding and keeping competitive employment in collaboration with the IPS supervisor and the clinical staff at Laugarásinn.



IPS Fidelity Scale

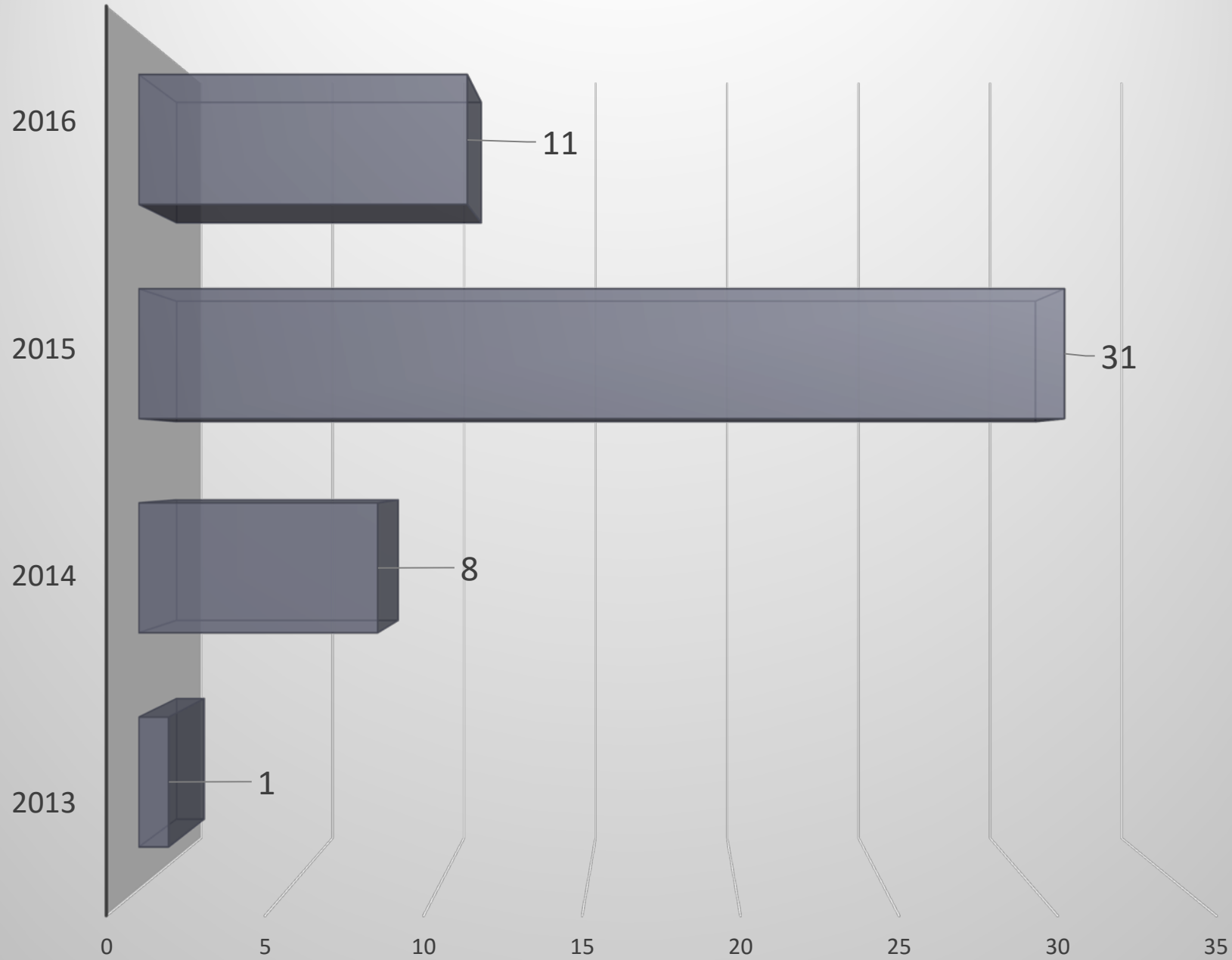


Laugarásinn
Early intervention in psychosis

- Road map for IPS-teams
- 25 item scale (multiple subitems)
- Max 150 points, ≥ 74 needed to call the project IPS

Our IPS-projekt scores now around 96 points

New participants per year



**New clients
every year**

IPS from 2013 to end of june 2016



51 participant total

Employment rate

76%

(39 clients)

Employment

From 2013 – 30.06.2016



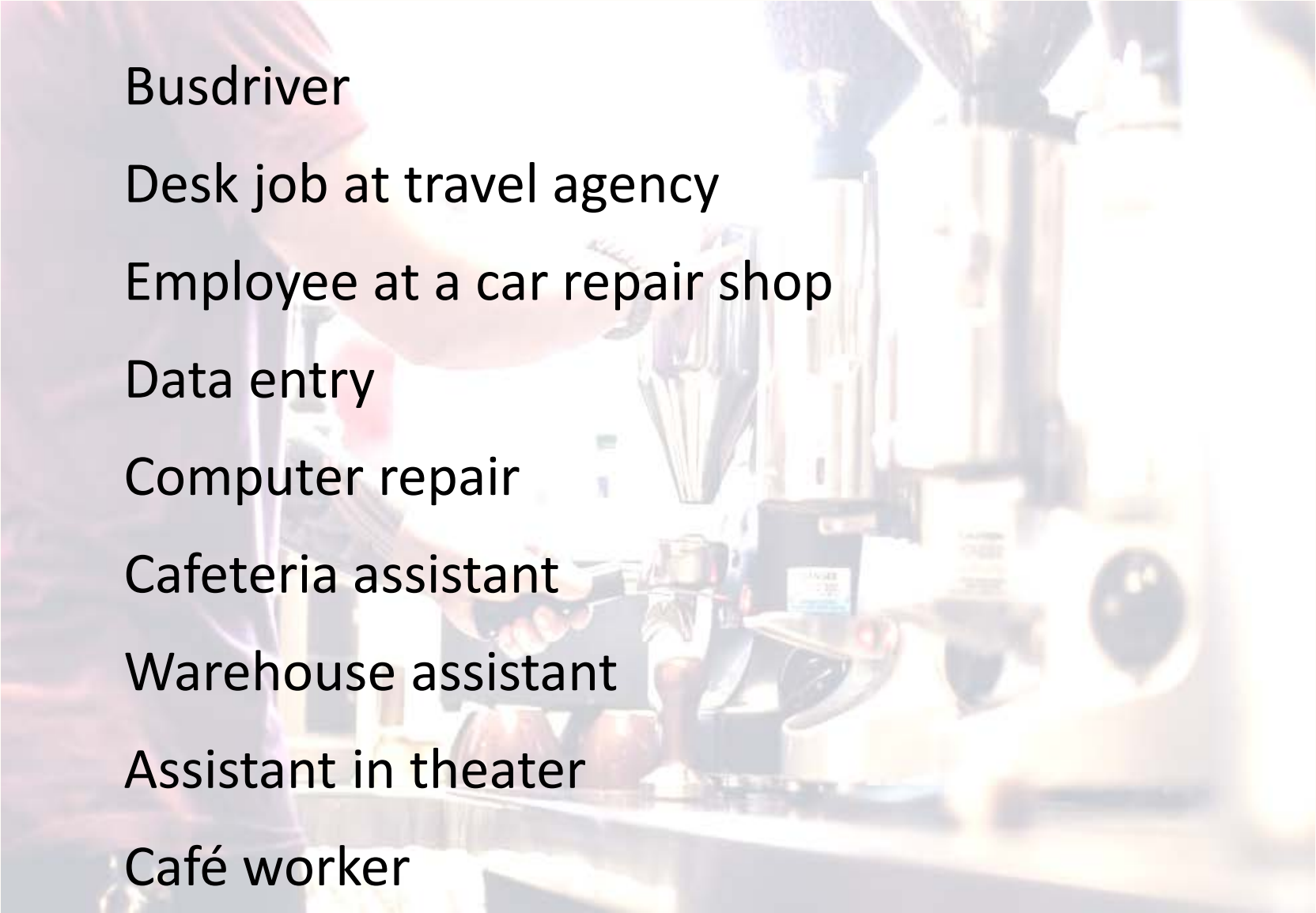
Cooperation
with
companies

43 companies

50 jobs

39 clients

have been working



Busdriver

Desk job at travel agency

Employee at a car repair shop

Data entry

Computer repair

Cafeteria assistant

Warehouse assistant

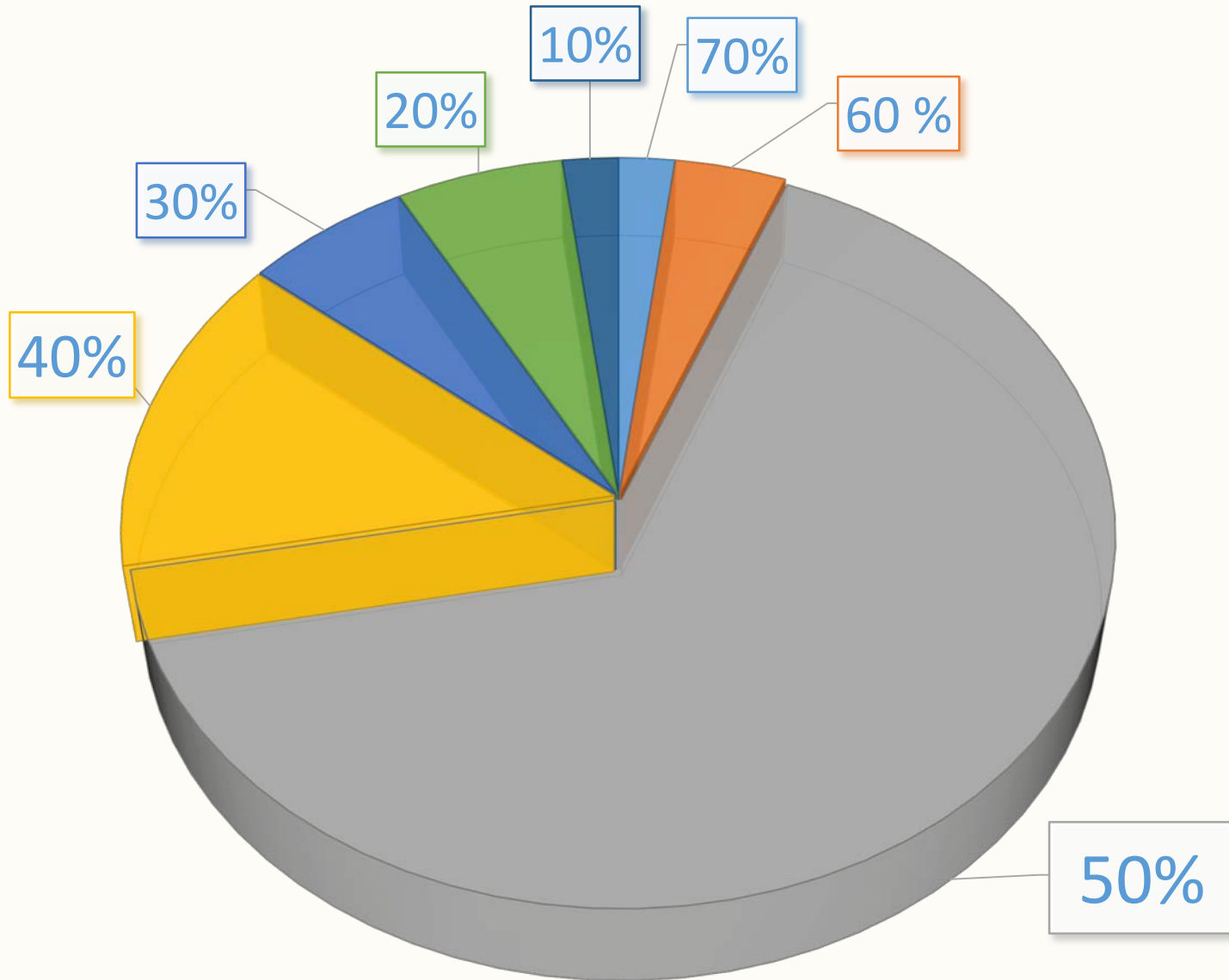
Assistant in theater

Café worker



**Different
kinds of jobs**

PERCENTAGE OF WORK-TIME

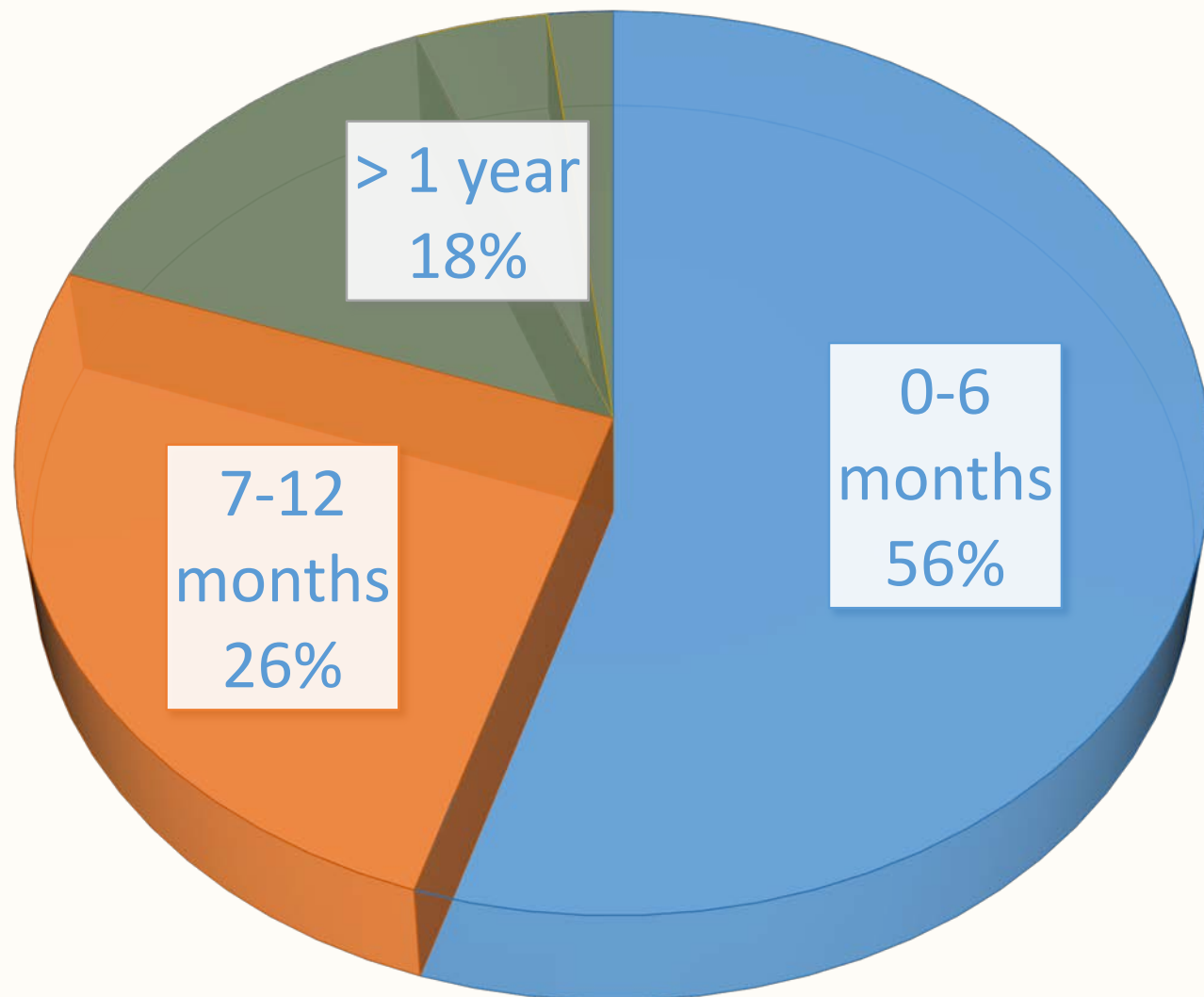


Work-time hours

No full-time jobs at the start of employment (100% work-time hours)

Work time hours change over time, many increase their working hours and some are now working full time

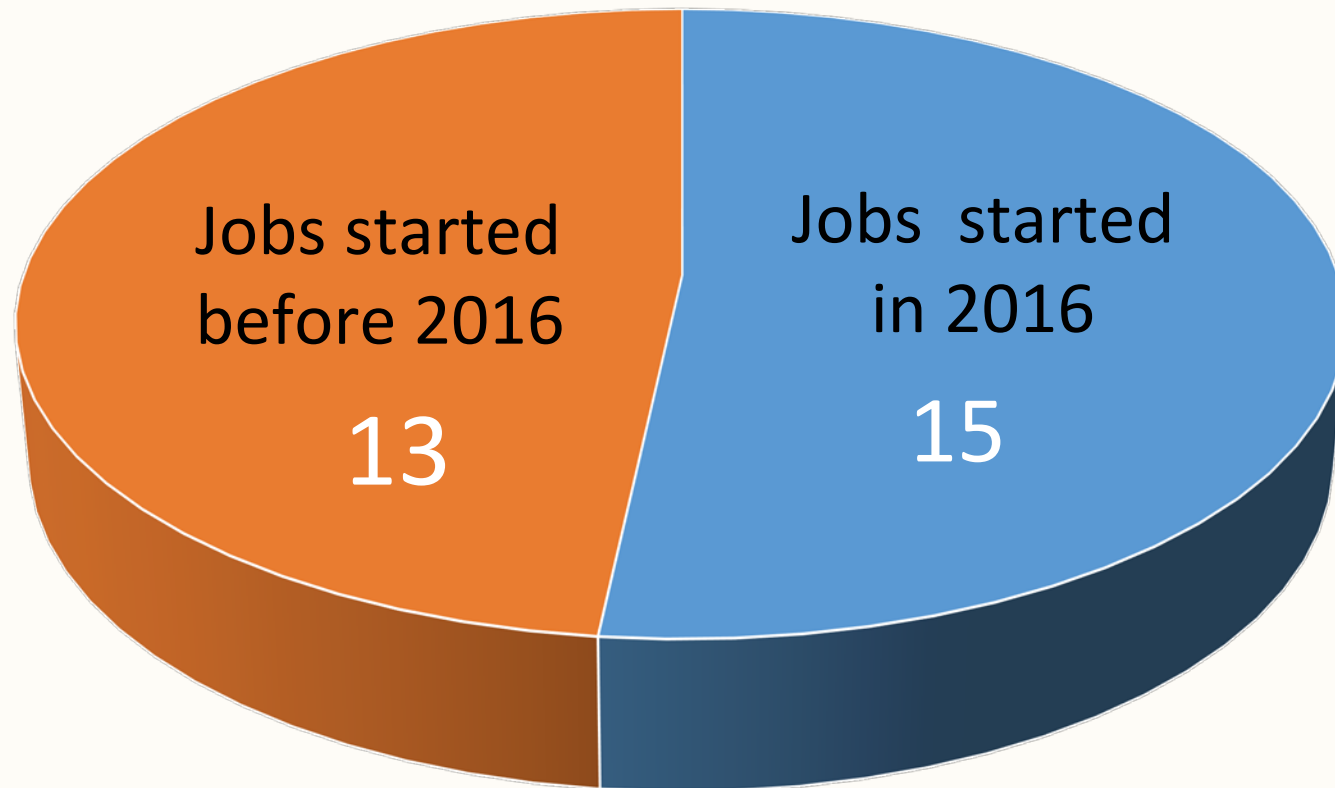
2013 - 30.06.2016



Duration of employment

44% of jobs lasted for more than 6 months

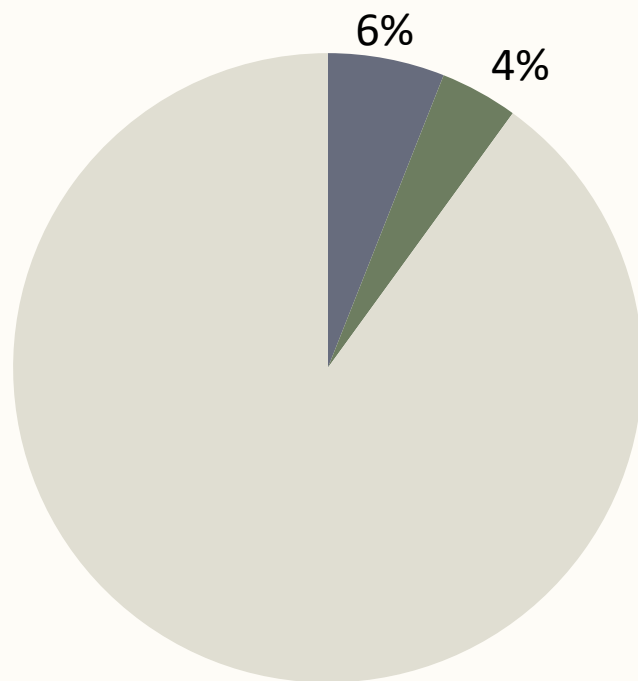
Jobs with duration less than 6 months



New jobs

Half of the jobs with duration less than 6 months are new jobs from 2016

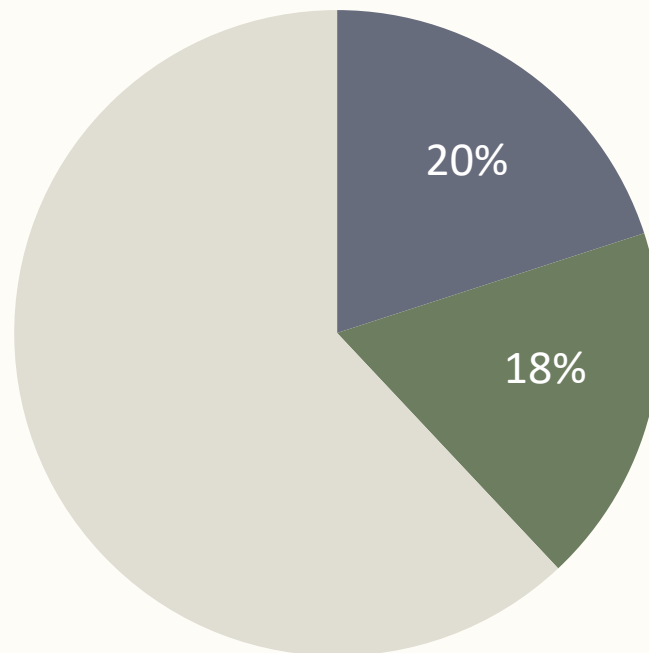
– January 2014



57 patients at
Laugarásinn

■ working
■ job-seekers

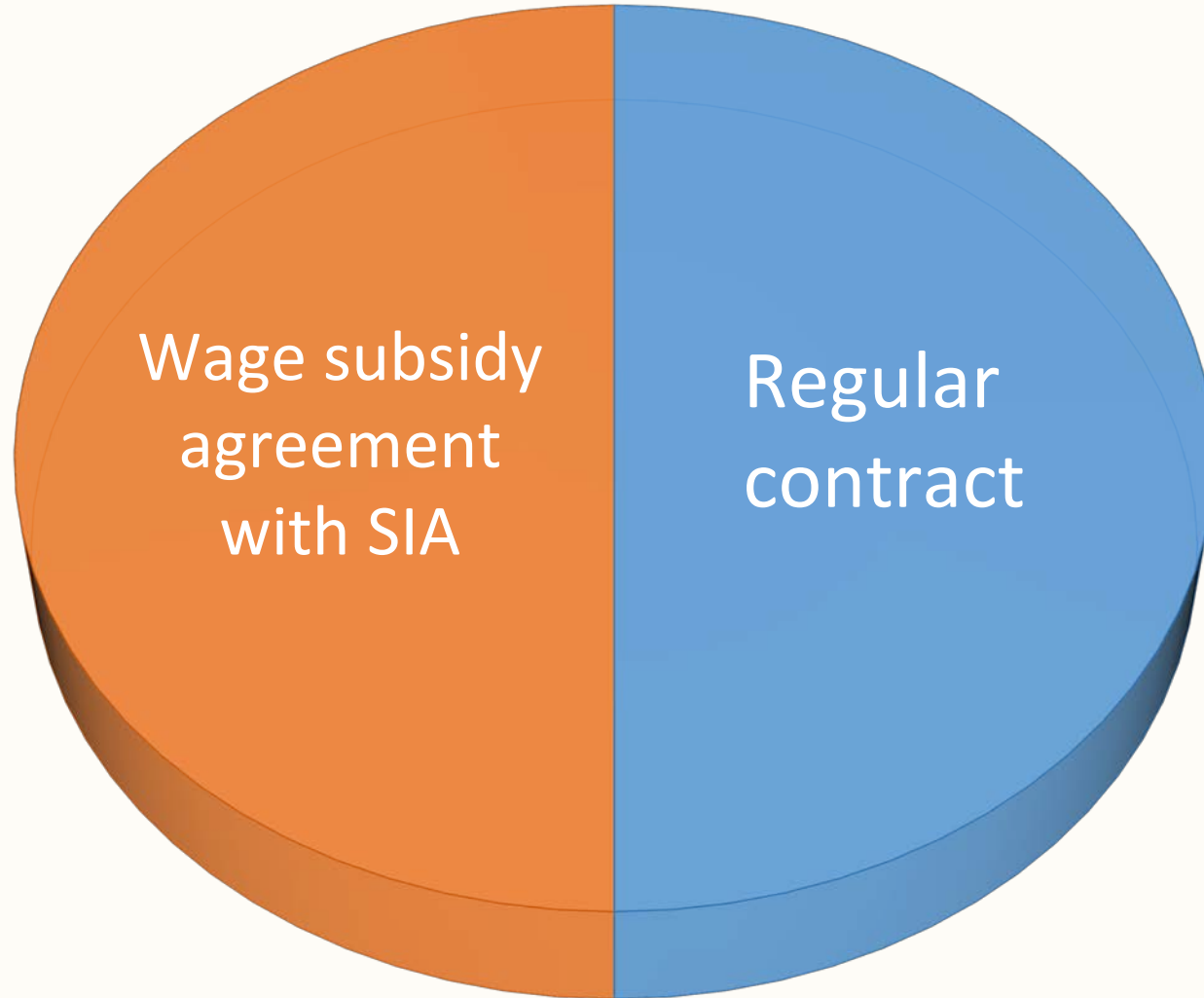
– October 2015



80 patients at
Laugarásinn

**Proportion
of clients
working**

2 KINDS OF EMPLOYMENT CONTRACTS



Emphasis on regular contracts

Regular contracts

Vs

Wage subsidy agreement:
contract between employee,
employer and the Social
Insurance Administration (SIA)
– the latter paying for up to
70% of the wages. Only for
clients on disability.

Status of the IPS project

30.06.2016



25 working
4 discharged
15 looking for job
4 on hold
1 dropout
2 abroad



IPS



**Better mental health, increase in social skills,
increased self-confidence, reduction in drug use**