# 4<sup>th</sup> NORDIC CONFERENCE IN WORK OF CONFERENCE IN REHABILITATION REYKJAVÍK, ICELAND, SEPTEMBER 5–7 2016



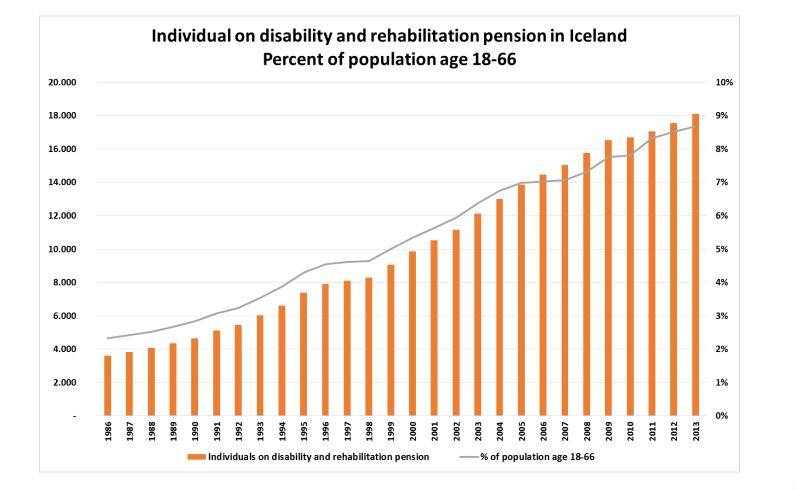


# Workability assessment at VIRK Vocational Rehabilitation Fund Hans Jakob Beck MD, MPH Medical director, VIRK



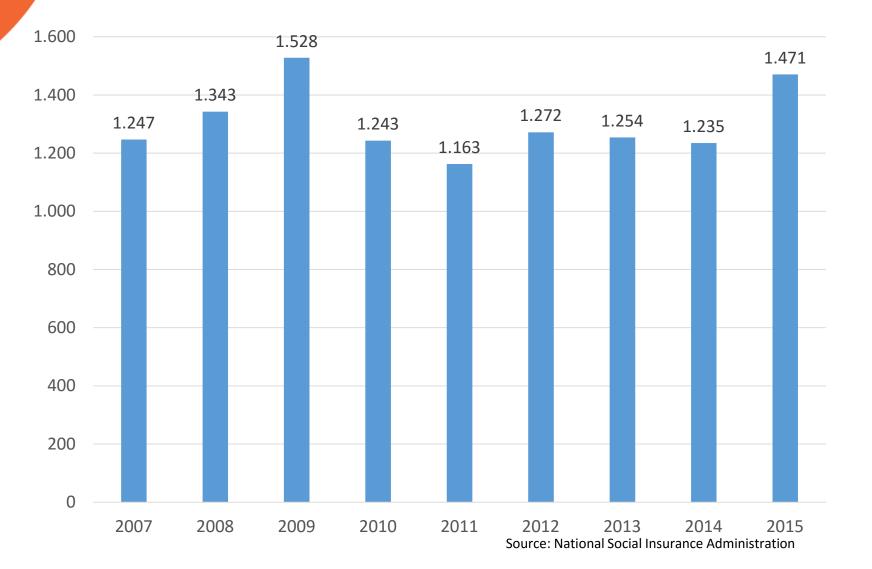


# Rise of disability in Iceland





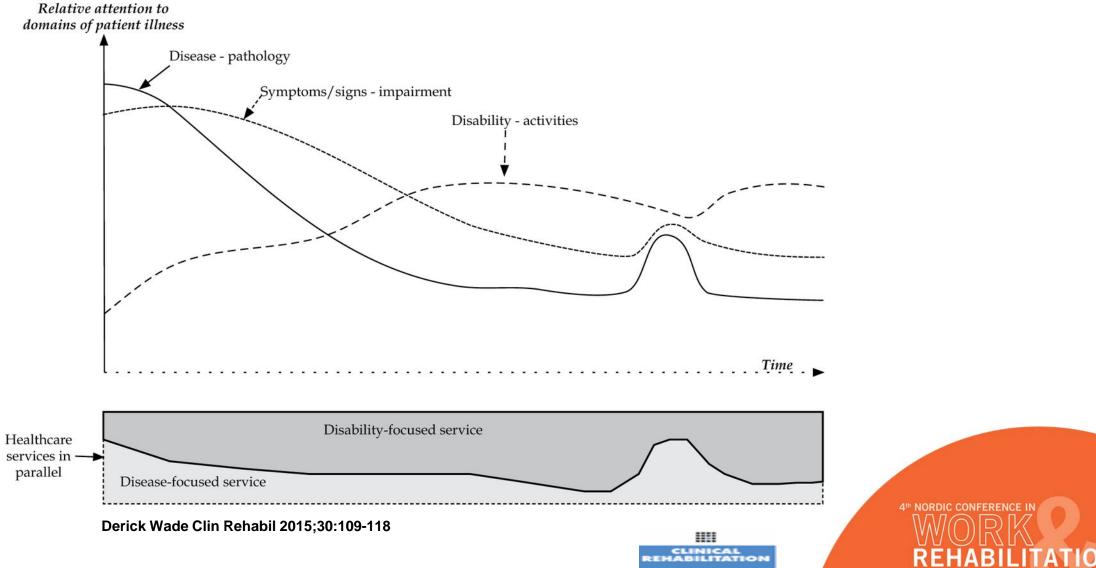
# New cases of work disability in Iceland 2007-2015







#### Figure 2. Suggested attention given to domains of patient's illness and service involved.



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# Background

- Recently VIRK rehabilitation fund was established aiming at increasing return to work for those out of labour market because of their health condition
- Workability assessment is meant to highlight the abilities of a person while traditional assessment focuses on disabilities
- VIRK offers workability assessment for those finalizing the service without returning to work based on the information and experience gained under the vocational rehabilitation period
- Workability of the group can be thus be estimated as the sum of the actual work participation and the workability found by formal assessment

# Aim



 To compare the assumed workability at discharge to the actual labour market participation and disability based on the 6 months follow-up data



### Methods



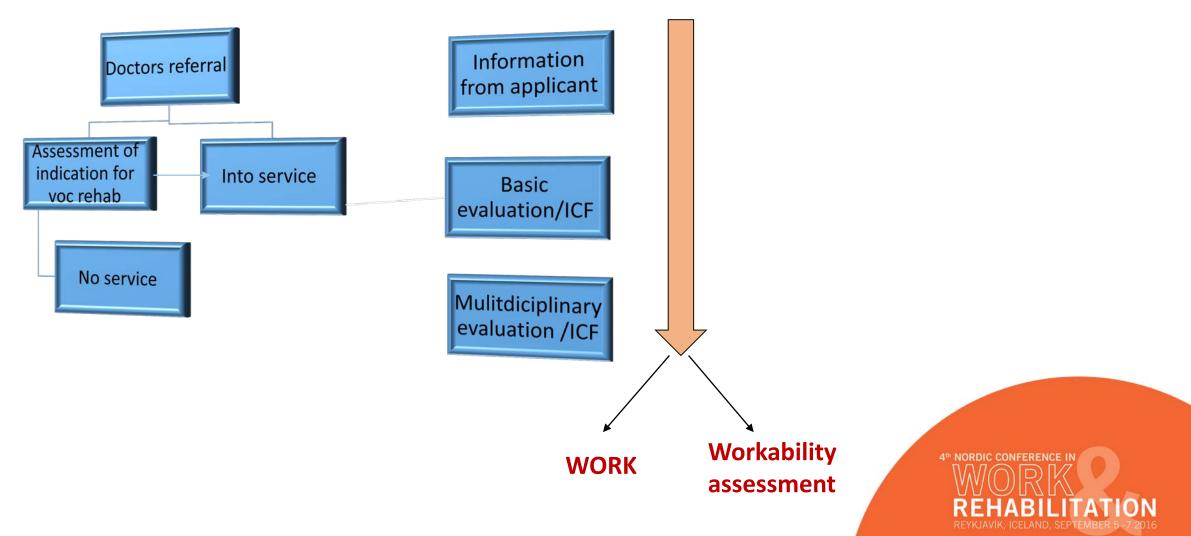
• All participants discharged in 2015 were selected. The combined results of workability assessment and reported source of income where used to estimate the workability of the group at discharge. This was compared to the reported source of income at 6 months follow-up



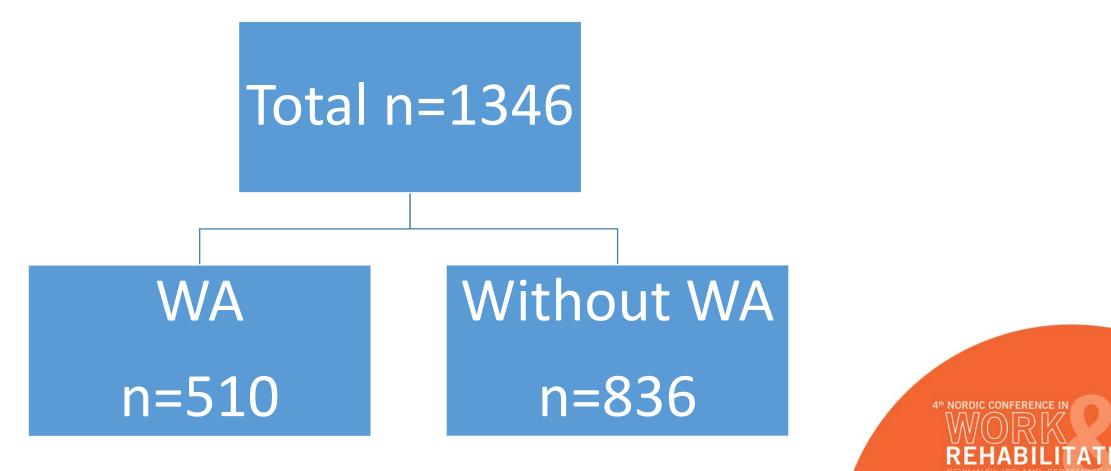
# Workability assessment by VIRK



# Return to work interventions

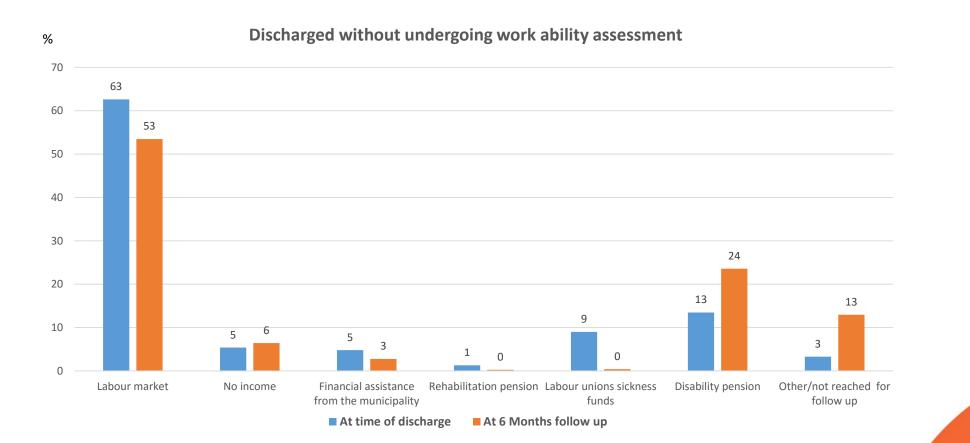


### VIRK 2015 Number of individuals discharged and undergoing workability assement





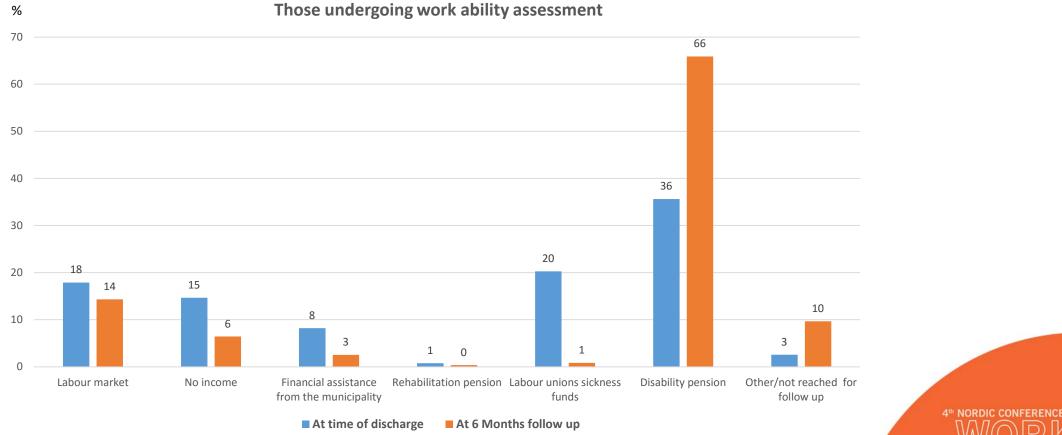
#### Source of income of those completing service in 2015 % of full time equivalent



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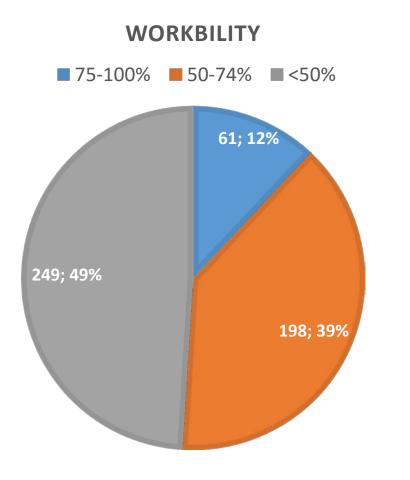
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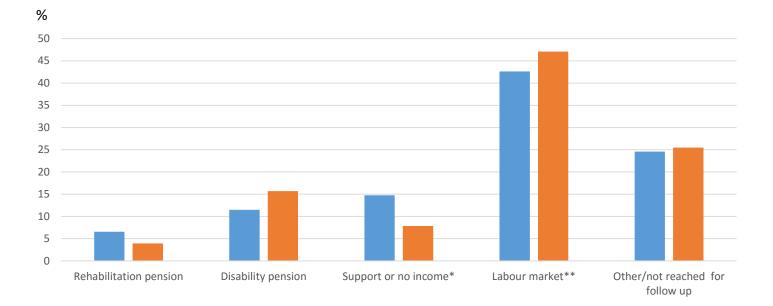


### Results of workability assessments





### Shares of income source Work ability 75-100% (n=61)

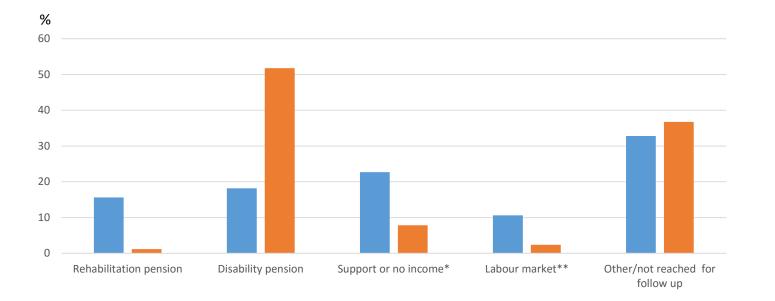


Discharge 6 Months follow up



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#### Shares of income source Work ability 50-74% (n=198)

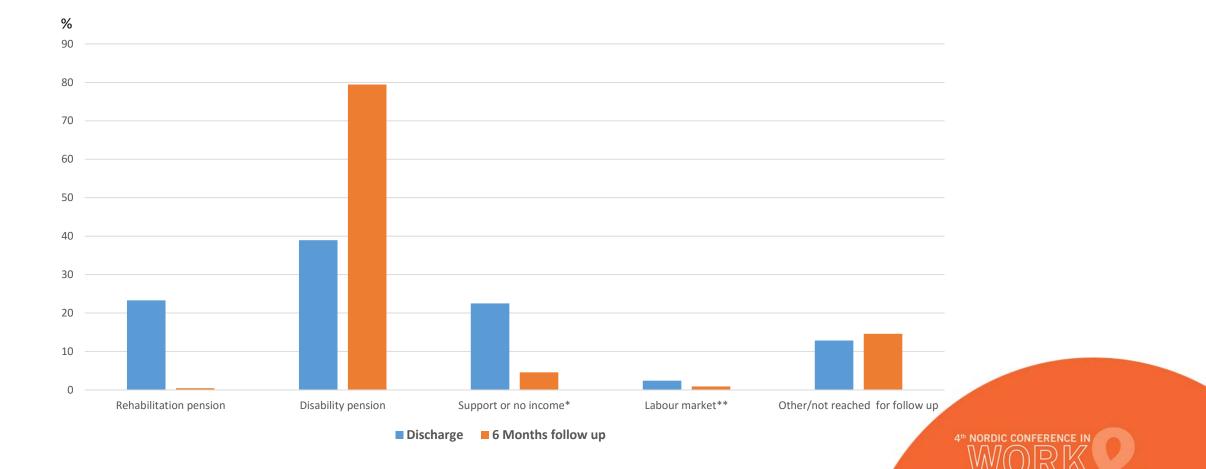


Discharge 6 Months follow up





#### Shares of income source Work ability < 50% (n=249)





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Results of workability assessment and reported labour market participation



- When converted to full time equivalents results of workability assessments compares to estimated capacity of 161 full time jobs.
- The reported labour market participation equals however 92 full time jobs at discharge and 71 full time jobs at 6 months.





### Estimated number of individuals in full time equivalence based on reported source of income

	Labour market	Disability
Discharge		
Workability assessment (n=510)	92	183
Not Workability assessment (n=836)	527	109
Sum	619	292
6 mo follow-up		
Workability assessment (n=510)	71	337
Not Workability assessment (n=836)	443	200
Sum	514	537





### Main results

- Considerable workability is gained under the course of vocational rehabilitation at VIRK as labour market participation increases
- This workability decreases somewhat in 6 months after discharge from VIRK
- Proportion of disability increases sharply in 6 months after discharge from VIRK
- Workability as assessed by formal workability assessment does not translate well into reported labour market participation 6 months after discharge from service



### Conclusions

- Assessed workability at discharge from VIRK does not lead to later labour market participation without intervention
- Further interventions to prevent working disability among potential labour market participants should be considered





## Acknowledgements

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