


1



- Stress, anxiety and loneliness have increased among working people underscoring the ongoing toll of the COVID-19 pandemic.
- More than half of working adults experienced stress due to changes in their working patterns
- 56% experienced increased anxiety around job security.
- Almost half of all surveyed felt lonely or isolated when working from home.
- **More than 40% said their productivity fell and it was hard to get work done at home.**

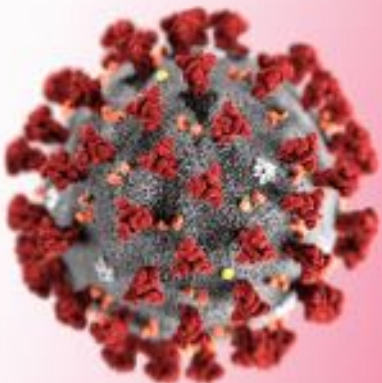
<https://www.ipsos.com/en/covid-19-pandemics-impact-workers-lives>

mind:

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Situational stressors	Psychological stress
	
	
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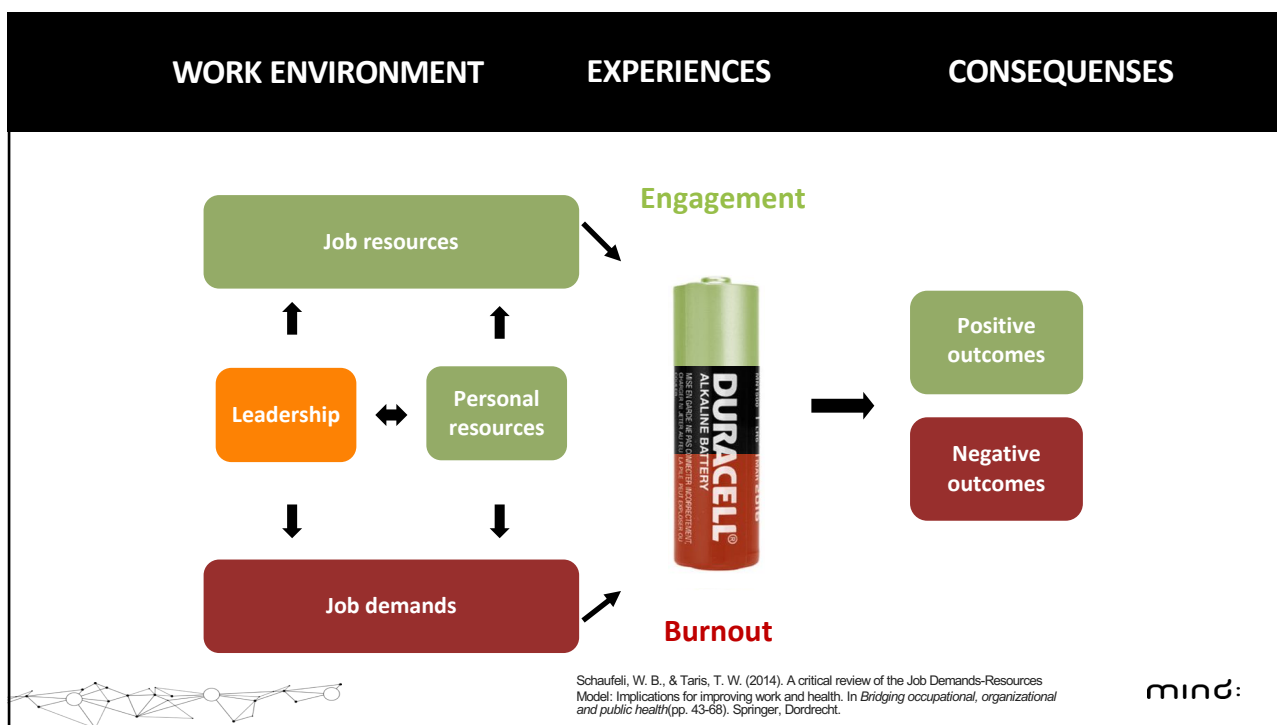
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	<p><i>From sense of urgency to sense of energy</i></p>
	
mind:	

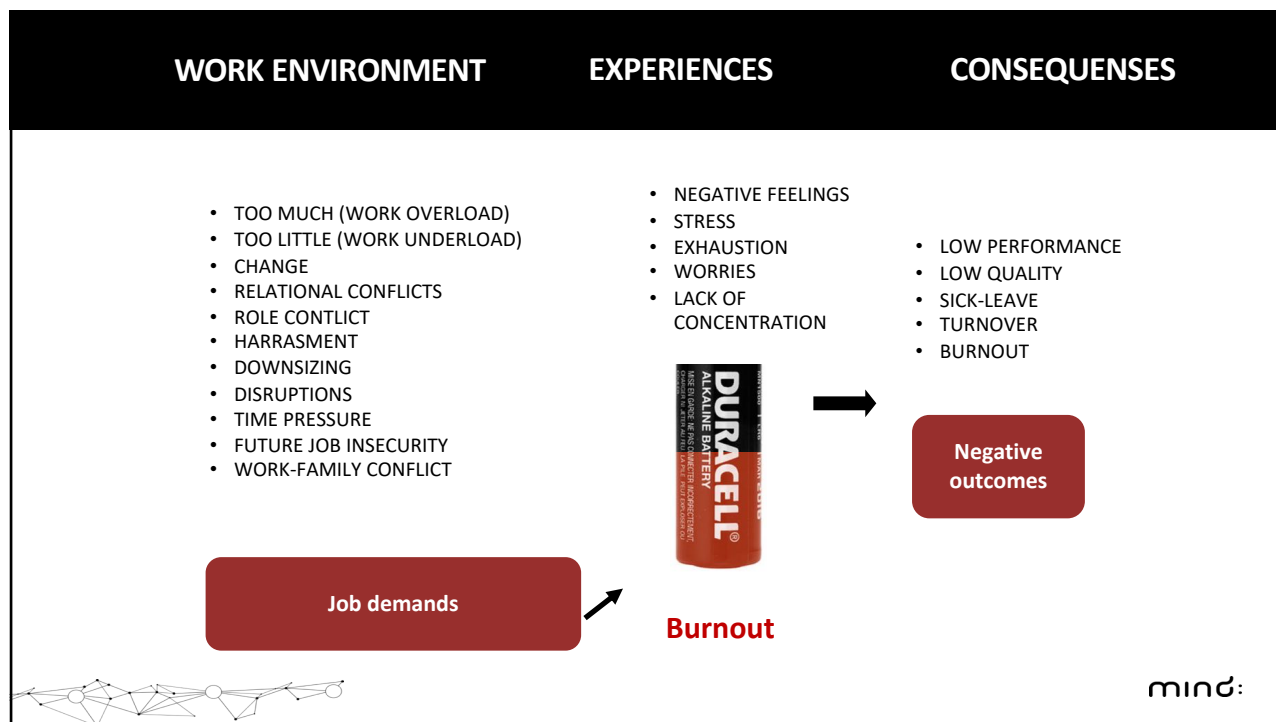
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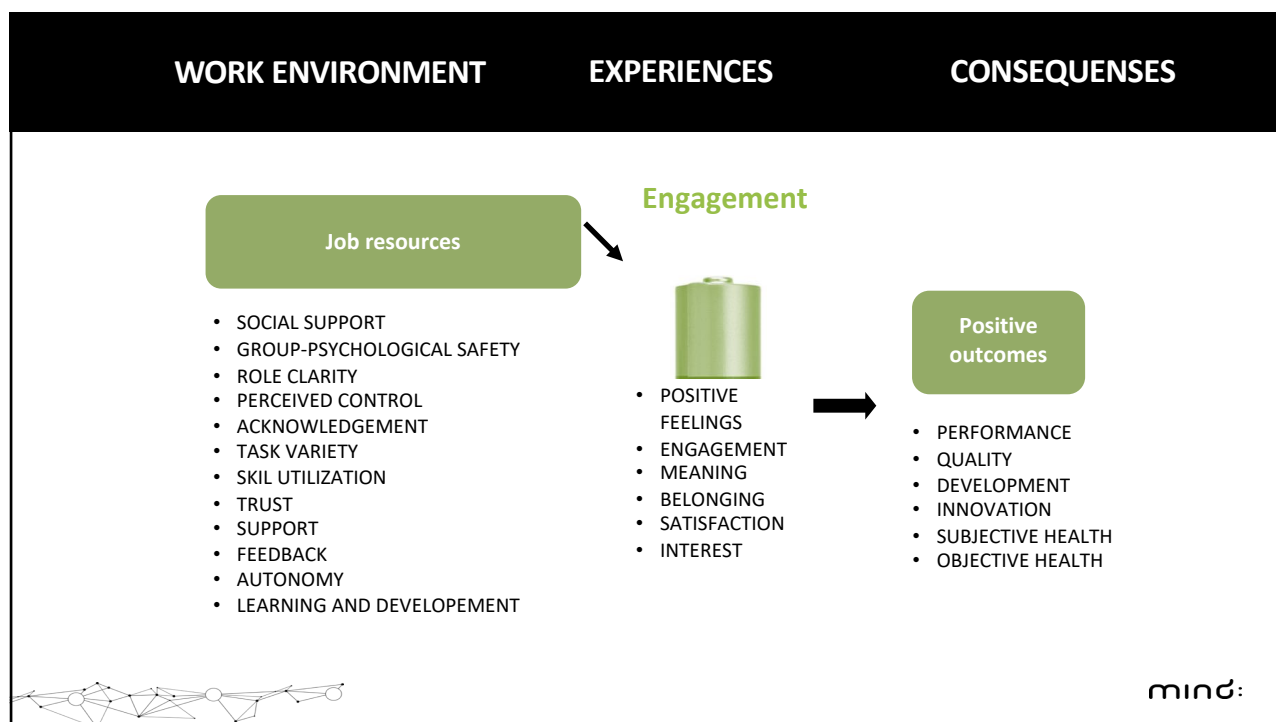
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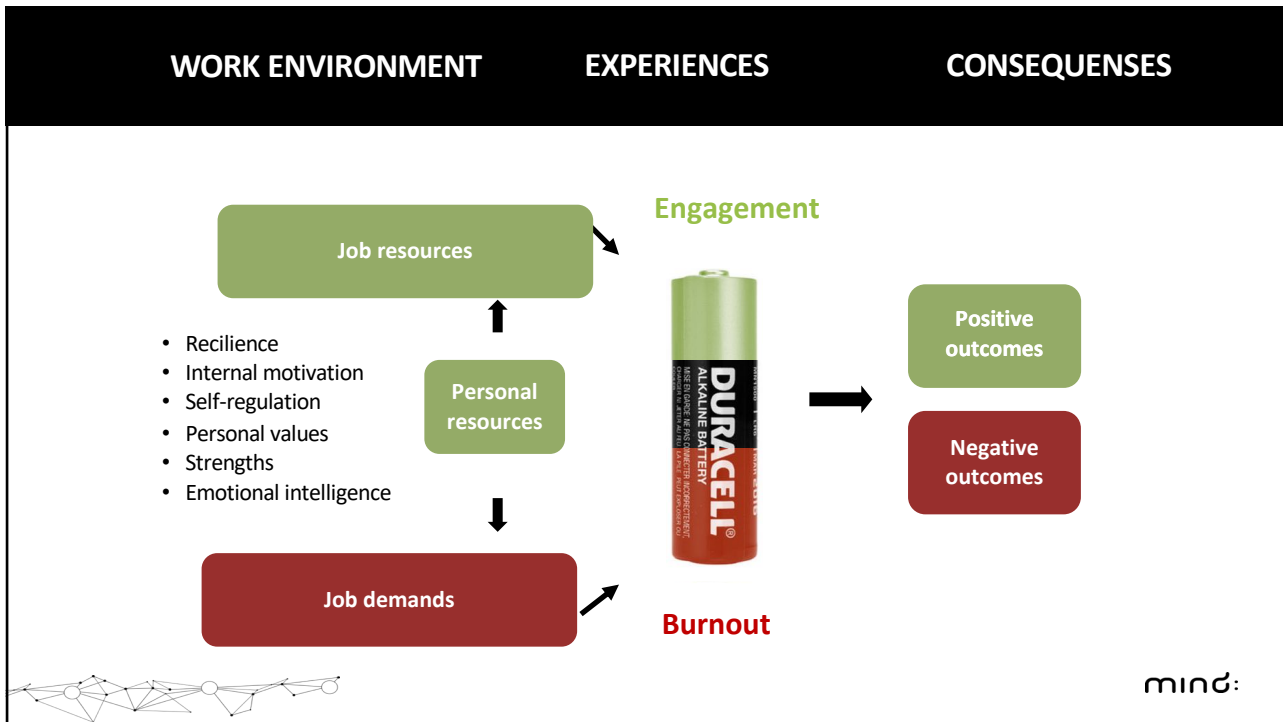
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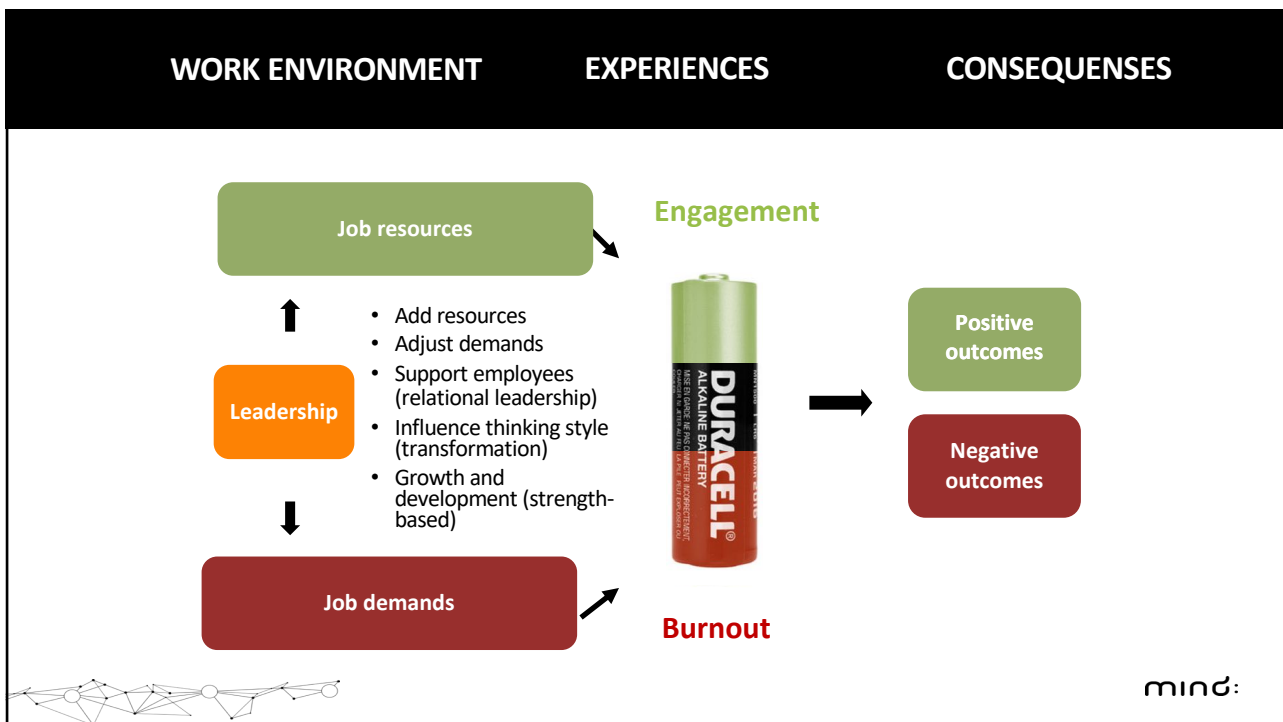
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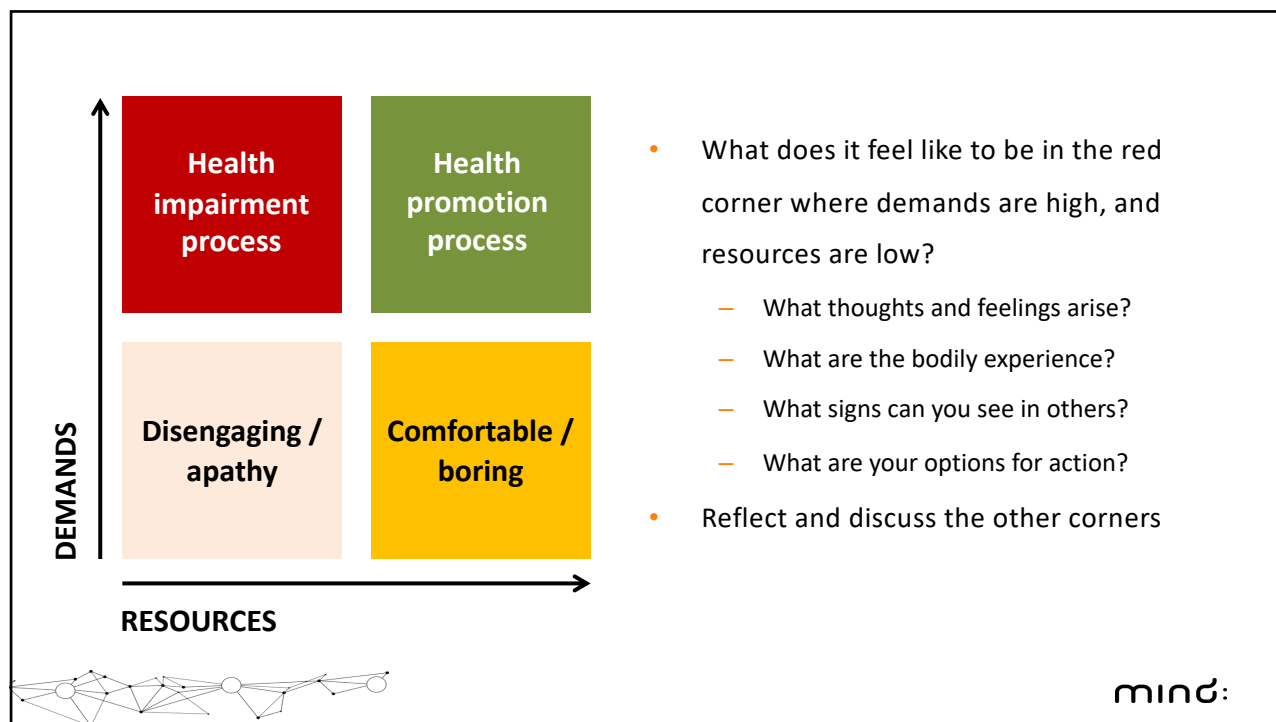
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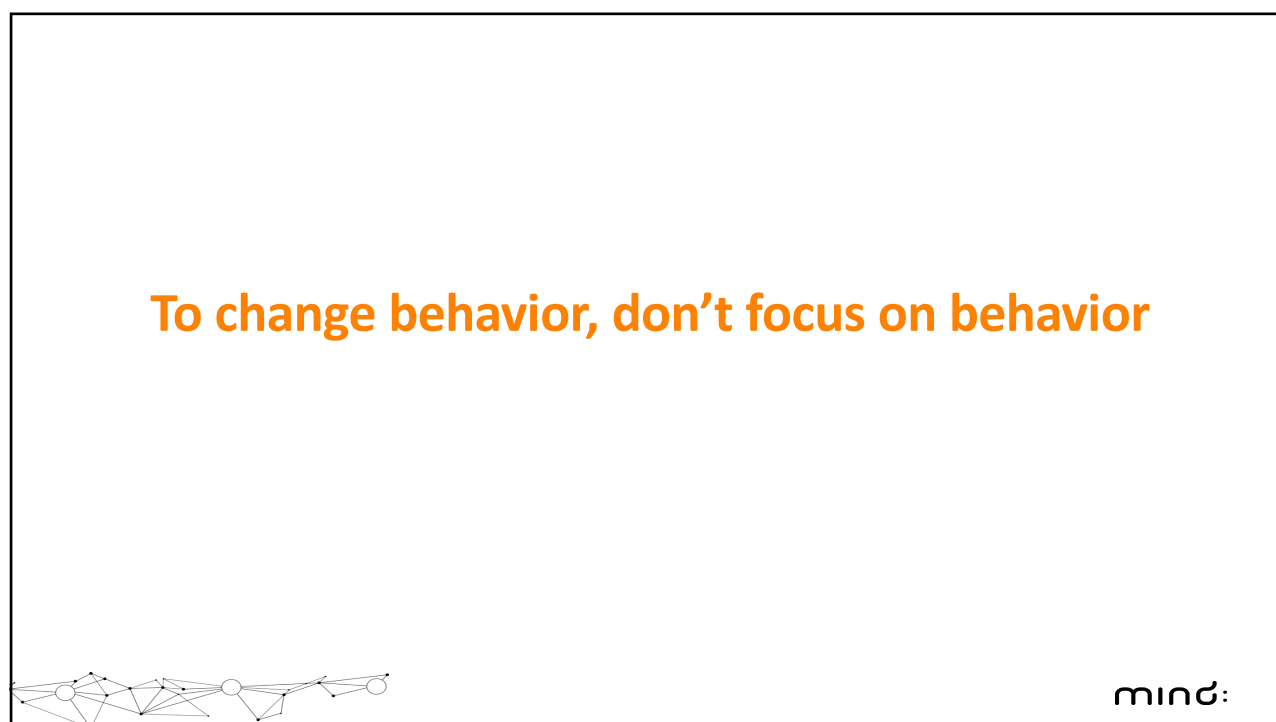
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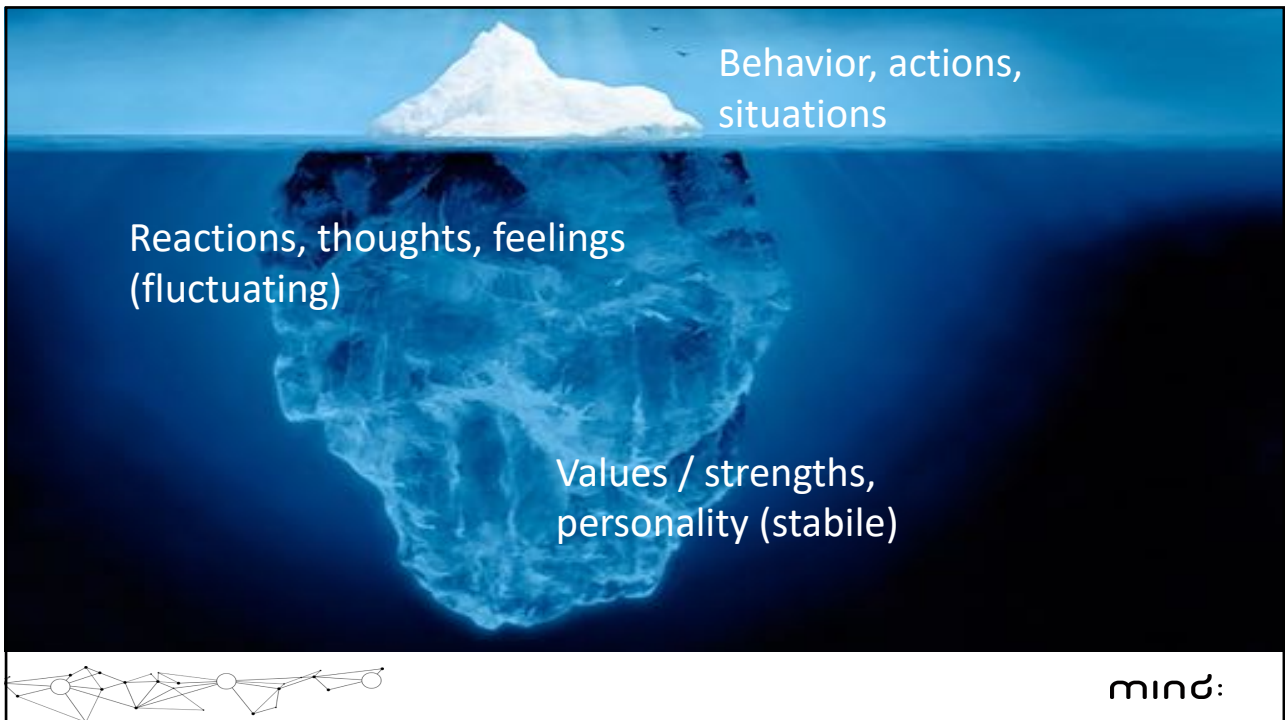
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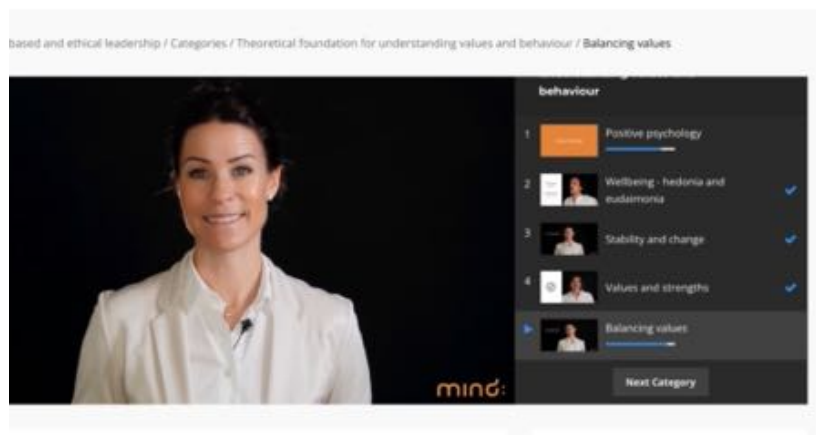


*Wisdom, depth and
presence*

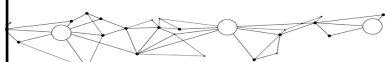
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